

# Oak Flats Public School

# Preschool Handbook

Oak Flats Public School is an innovative learning community which promotes engagement, high expectations and personalised learning.











#### Welcome

Congratulations on selecting Oak Flats Public School as the school for your family and as Principal, I wish to extend a warm welcome to all our preschool families. We are proud of the wonderful school we have established and the great learning experiences and opportunities we offer our students. Our school is committed to providing a quality education for all students that develops the whole child. Our school values underpin all that we do in a supportive and caring environment. Oak Flats Public School is an innovative learning community which promotes engagement, high expectations and personalised learning.

I am delighted to welcome you into our school community on behalf of the staff, students, parents and community. Working in close cooperation with you we look forward to making your child's first schooling experience happy and productive. We look forward to getting to know your family and together, building a strong Preschool to Year 6 school community.

The preschool year provides a supportive and nurturing learning environment for children to explore and learn independently—and in groups. It is a wonderful time when a child develops a range of skills including social and physical, skills for thinking and problem solving, developing interests, building friendships, exploring, asking questions and playing and learning. It is a time—when children learn to cooperate, play, share ideas, converse, and develop appropriate skills for communication.

We look forward to guiding and sharing your child's learning journey during this important time and working with your for the best interests of your child/ren. We welcome your involvement and contribution to our school community. It is the partnership and on-going communication between families and teachers that builds the foundation or a successful school experience.

Daliya Phipps Principal

#### **OFPS Contact Details**

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Postal: PO Box 67. Oak Flats NSW 2529

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Website: www.oakflats.nsw.edu.au



#### **Acknowledgement of Country**

At Oak Flats Public School, we the students, staff and community acknowledge the Wadi Wadi people of the Five Islands dreaming as the traditional custodians of this land. We also pay respect to Elders past, present and emerging. We extend that respect to other Indigenous Australians. Together we look forward to a future of mutual respect, harmony and reconciliation. Together we are, together we can, together we will.

We at Oak Flats Public School Preschool would like to say thankyou to the Dharawal people for letting us share your land. We promise to look after it, the animals and the people too. Hello land. Hello sky, Hello me, Hello friends.

#### **NSW Department of Education**

Oak Flats PS Preschool provides an educational program for children the year before they attend school. We are a Department of Education preschool located on the site of Oak Flats Public School. Our unique location provides our children with the opportunity for ongoing transition to school. This is a valuable opportunity that supports a seamless entry into school.

#### **National Quality Framework**

All children's services operate under the National Quality Framework. This aims to raise quality and drive continuous improvement and consistency in education and care services through:

- a National Law and Regulations
- a National Quality Standard
- a National Approved Learning Framework, Belonging, Being and Becoming, The Early Years Learning Framework for Australia
- a National Quality Rating and Assessment process
- a new national body called the Australian Children's Education and Care Quality Authority.
   Information available at: www.aceqca.gov.au

### **Quality Improvement Plan**

Every early childhood service must work towards continual improvement in the quality of their service.

A Quality Improvement Plan includes early childhood services identifying their current areas of strength and their future goals for improvement.

Please ask to see our Quality Improvement Plan.



#### **CURRICULUM**

In an early childhood setting such as our preschool, 'curriculum' means all of the interactions, experiences, activities and routines that the children participate in.

We value our interactions with the children and treat each child with warmth and respect. We work hard to ensure that each child feels safe and secure and forms positive attachments with the educators. We value and respect the first nation peoples as well as the cultures of our families and strive to embed their perspectives into our daily practice.

Our curriculum is based on Belonging, Being and Becoming - The Early Years Learning Framework for Australia, its principles, practices and learning outcomes. At Oak Flats Public School Preschool our curriculum is responsive to the needs and interests of our children, it is designed to stimulate and encourage exploration and learning. It is flexible and based on careful assessment of teaching and learning.

At Oak Flats Preschool, our daily curriculum includes indoor and outdoor play experiences, educator led group times, as well as many transition to school experiences. The children have the opportunity to choose experiences that they are interested in and explore and experiment with new experiences and learning.

Play is an integral part of our curriculum. We believe that children learn best through play experiences. Play is purposeful, hands-on and builds skills in all areas of children's development. Through play, children learn about themselves and their world. Play makes learning fun.

At Oak Flats Preschool each child is part of a learning cycle. First we collect observations of the child and then analyse these to learn where the child is at and how we can extend them. From the analysis of learning activities are planned and then implemented. To complete the learning cycle, educators evaluate the learning that has taken place and plan for future

We value and encourage families to contribute ideas or any at home experiences that we can embed into the program. By working in partnership, families and educators can enhance children's learning outcomes. We use our Kinderloop App to regularly request family feedback. Educators use your feedback to inform curriculum decision making and reflective practice.



#### **Staffing**

The Principal of the Oak Flats Public School oversees the preschool and is responsible for all decision making.

The preschool is staffed with an Early Childhood teacher and a SLSO who holds a certificate III. Both staff hold a *First Aid in Education and Care Setting*— HLTAID004 certificate and undertake mandatory Child Protection and Code of Conduct training annually.

Teachers and SLSOs from the school, cover lunch breaks and release from face to face teaching in the preschool.

#### **Enrolment**

Children generally attend departmental preschool classes for **one year only**, in the year before starting kindergarten. To be eligible to enroll you will need to provide your child's birth certificate, immunisation details and a proof of residence document.

Oak Flats Public School office has all the necessary forms that you will need to fill out for preschool enrolment.

Oak Flats Public School Preschool's applications often exceed the available positions. Every application is reviewed individually and placements are offered based on the NSW Education Department's specific eligibility criteria.

#### Learning about each other

Prior to commencement, time is set aside for families to meet with staff and share information in order to facilitate a positive transition to preschool that is responsive to the individual children's needs.







Families are welcome to make an appointment with the teacher throughout the year to share information about their child's journey at preschool. There are also opportunities for parent—teacher meetings in terms 1 and 3.

Families have opportunities to transition into preschool through our preschool playgroups

#### **Communication and Collaboration**

We recognise families as a child's first and most influential educators. We value the unique insights families have about their children. Open communication and collaboration between staff and families enables us to ensure that our program is responsive to individual children's ideas, knowledge, culture, abilities, needs and interests.

Oak Flats Public School Preschool uses the Kinderloop App to share children's achievements, distribute messages and to encourage and engage in two way dialogue about your child. We encourage families to post photos of family holidays and special events. We share the photos with the other children in the preschool and talk with your child about the experience. This helps bridge the gap between home and school.

An Education Program is on display in the preschool. Families are invited to read and contribute to the program at any time.

Our school newsletter is available on our school website or via the School ENews App and includes information about the preschool.

#### **Policies and Procedures**

Our Procedures Folder is located in the preschool entry area. They are also available to families on the school website. Procedures are localised to the preschool.

Department policies are located on the department's website.



### Oak Flats Public School Parents and Citizens (P&C) Association

At Oak Flats Public School, we have an active and functioning P&C Association. They are involved with the school canteen, catering and chaperoning school events and fundraising for equipment and activities for the school community.

Membership of the Oak Flats Public School P&C is open to all families of currently enrolled students at the school and preschool, staff of Oak Flats Public School and citizens of the local Oak Flats community.

Volunteers are the school's greatest resource. The OFPS P&C Association is solely run by volunteers who donate their time and expertise. Parents and staff work closely together for the betterment of the student community. There are many ways you can contribute either by volunteering on a committee or helping out at events.

#### **Changes to Personal Details**

Please keep staff and the school informed of any changes to address, home/work phone numbers, child care arrangements, medical information and emergency contact details. Please keep telephone calls to the preschool during session times for urgent matters only.





#### **Emergency Management Evacuations/Lockdowns**

The preschool has a procedure on emergency evacuations and lockdowns and is required to practice these procedures regularly. Evacuation drills and lockdown drills are conducted once per school term. The preschool also joins in with whole school lockdown and evacuation drills. Educators will notify families prior to conducting any Emergency Management practices.

#### **Health Care Plans**

Individual Health Care / Management Plans will be prepared for children with diagnosed medical conditions like asthma, anaphylaxis, diabetes, epilepsy, etc

Please notify staff upon enrolment into the preschool of any serious medical concerns.

#### **Concerns or Complaints**

If you have any concerns about your child's education and/or development please have a conversation with the preschool teacher. You are also welcome to make contact with an Executive Teacher or our Principal. They can be reached by contacting the main school office on 4256 1405.

#### **Sun Smart Practices**

Oak Flats Preschool is a sun smart school. Children are required to wear a broad brimmed or legionnaires hat outside all year.

During warmer months, parents are encouraged to apply sunscreen to their child before preschool. During the day students are encouraged to apply sunscreen themselves. The UV index is checked daily and the time we conduct outdoor play reflects the level of UV exposure. All tops, dresses and shirts worn to school must have sleeves. Children will be asked to play in the shade if they are wearing singlet tops or shirts with cut off sleeves.



## Daily Routine Monday and Tuesday Bilima Group

- 8:30 Educators Set up indoor / outdoor environment

  Preschool teacher to conduct an environment check
- 9:00 Educator opens door, welcomes family, morning conversations
- 9:15 Morning Circle Welcome, mark roll, date, weather, days plans, announcements
- 9:30 Outdoor Learning terms 1 and 4. Child initiated play based learning and educators working intentionally with individual children or small groups according to program or children's needs. Terms 2 and 3—Indoor play.
  - Includes munch and crunch as per child's request.
- 10:45 Educators and children pack away outdoor environment Hands washed, lunch box and water bottle collected by children.
- 11:00 Children's Lunch fruit, vegetables, sandwiches, yogurt.
- 11:30 Self-regulating activities
- 11:45 Meeting Mat Activity, Group Time Literacy/Numeracy
- 12:15 Indoor Learning— terms 1 and 4. Child initiated play based learning as well as educators working intentionally with individual children or small groups according to program or children's needs. Terms 2 and 3—Outdoor play.
- 1:15 Educators and children pack away indoor environment Hands washed, lunch box and water bottle collected by children.
- 1:30 Children's Afternoon Tea.
- 2:00 Fitness and Movement or library
- 2:30 Educators and children pack away activity. Children's personal belongings packed for departure.
- 2:40 Front door opened for families, afternoon conversations with families about children's day.
- 3:00 Educator daily reflection & plan for continuity of learning

  Environment check and record that every child has left the service with their authorised family or caregiver.











# Daily Routine Wednesday Morning Bilima Group

- 8:30 Educators Set up indoor / outdoor environment

  Preschool teacher to conduct an environment check and record the results
- 9:00 Educator opens door, welcomes family, morning conversations
- 9:15 Morning Circle Welcome, mark roll, date, weather, days plans, announcements
- 9:30 Outdoor Learning Play based learning and educators working intentionally with individual children or small groups according to program or children's needs
- 10:30 Educators and children pack away outdoor environment.
  Hands washed, lunch box and water bottle collected by children for afternoon tea. Children's personal belongings packed for departure
- 11:15 Front door opened for families, afternoon conversations with families about children's day
- 11:30 Educator daily reflection and plan for continuity of learning
  - Environment check and record that every child has left the service with their authorised family or caregiver.











## Daily Routine Thursday and Friday Guruwarra Group

- 8:30 Educators Set up indoor / outdoor environment
  Preschool teacher to conduct an environment check
- 9:00 Educator opens door, welcomes family, morning conversations
- 9:15 Morning Circle Welcome, mark roll, date, weather, days plans, announcements
- 9:30 Outdoor Learning terms 1 and 4. Child initiated play based learning and educators working intentionally with individual children or small groups according to program or children's needs. Terms 2 and 3—Indoor play.
  - Includes munch and crunch as per child's request.
- 10:45 Educators and children pack away outdoor environment
   Hands washed, lunch box and water bottle collected by children.
- 11:00 Children's Lunch fruit, vegetables, sandwiches, yogurt.
- 11:30 Self-regulating activities
- 11:45 Meeting Mat Activity, Group Time Literacy/Numeracy
- 12:15 Indoor Learning— terms 1 and 4. Child initiated play based learning as well as educators working intentionally with individual children or small groups according to program or children's needs. Terms 2 and 3—Outdoor play.
- 1:15 Educators and children pack away indoor environment Hands washed, lunch box and water bottle collected by children.
- 1:30 Children's Afternoon Tea.
- 2:00 Fitness and Movement or library
- 2:30 Educators and children pack away activity. Children's personal belongings packed for departure.
- 2:40 Front door opened for families, afternoon conversations with families about children's day.
- 3:00 Educator daily reflection & plan for continuity of learning

  Environment check and record that every child has left the service with their authorised family or caregiver.











# Daily Routine Wednesday Afternoon Guruwarra Group

- 12:30 Educator opens door, welcomes family, morning conversations
- 12:45 Afternoon Circle Welcome, mark roll, date, weather, days plans, announcements
- 1:00 Outdoor Learning—Play based learning and educators working intentionally with individual children or small groups according to program or children's needs.
- 2:00 Educators and children pack away outdoor environment. Hand swashed, lunch box and water bottle collected by children for afternoon tea. Children's personal belongings packed for departure
- 2:40 Front door opened for families, afternoon conversations with families about children's day
- 3:00 Educator daily reflection & plan for continuity of learning

  Environment check and record that every child has left the service with their authorised family or caregiver.









### **Hours of Operation and Term Dates**

Attendance at the preschool has been developed to facilitate the 15 hour Universal Access by offering an option of 2 group attendance patterns.

The preschool operates during NSW Department of Education school terms. Term dates can be found on the NSW Department of Education website www.education.nsw.gov.au.

Monday	Tuesday	Wednesday	Thursday	Friday
Bilima Group	Bilima Group	<b>Bilima Group</b> 9am – 11:30am	<b>Guruwarra Group</b> 9am – 3pm	<b>Guruwarra Group</b> 9am – 3pm
9am – 3pm	9am – 3pm	<b>Guruwarra Group</b> 12:30pm – 3pm		oun opin



#### **Daily Attendance**

Oak Flats Preschool has a duty of care to the children that attend the centre. A part of this duty of care is to ensure that access to a child attending the centre is limited to persons authorised by the parent / carer and this includes collection of the child from the preschool.

#### **Drop Off**

Children are not to be left prior to the centre opening at 9.00 am

On arrival the adult bringing the child is responsible to sign the child in on the attendance sheet next to the child's name and indicate the time of arrival.

The person dropping off the child must ensure that a staff member receives the child/ren before leaving the centre and that any information pertaining to the child is communicated to the staff.

#### Collection

Children must be collected by 3.00 pm. (door opens at 2:40pm)

Preschool children **must** be collected before older siblings/students.

If the person collecting a child is unfamiliar to the preschool staff, photo identification will be requested and checked against the authorisation register.

The authorised adult collecting the child must sign the attendance sheet next to the child's name and indicate the time of departure.

The authorised person must ensure that a staff member is aware that they are departing the preschool with the child.

If the child is to be collected by a person whose name is not on the enrolment form as a person authorised to pick up the child, parents must have personally informed the teacher prior to pick up. The adult picking up the child will be requested to show photo identification to the teacher before departing.

Children that are not collected by 3pm will be walked over to the school office. They will be supervised there until an authorised person collects them.







## Items required for preschool Please label all belongings

- School bag
- · Water filled drink bottle
- Change of clothes
- Library bag
- Warm jacket / jumper for cooler weather
- Brimmed hat
- Munch and Crunch: Fruit or vegetables
- Lunch: Fresh fruit, vegetables, sandwiches, wraps, dairy
- Recess: Healthy snack
- On wet days the children may bring raincoats and gumboots.

TOYS and PRECIOUS ITEMS MUST STAY AT HOME



We are happy to celebrate your child's birthday with their preschool friends. Small individual cupcakes may be sent in to share with the other children. As a fundraiser our school canteen can make cupcakes or ice cream sundaes for your child's birthday for a fee. If your child has food allergies please talk to the staff to arrange a "substitute" food Item.



### **Family Donation Requests**

At the beginning of the year, we collect donations from the families of everyday resources such as tissues, wipes, glue sticks and marker pens. The preschool staff will advise you on what they require.

### **Recycled Donations**

We accept all washed recycled donations, for example:

Cereal boxes, cardboard rolls, paper, cotton reels, cards, giftwrap, plastic bottles and lids, cardboard boxes.

We cannot use toilet rolls, tins or glass.



#### **HYGIENE PROCEDURES**

#### **Hand Washing**

We ask that all staff, children and volunteers adhere to the hand washing procedures.

All children are encouraged to wash their hands:

- After handling or feeding animals
- Before and after cooking activities
- Before and after eating or touching food
- After toileting
- After blowing their nose and wiping tears and dribbles
- · After playing outdoors.

All scratches and cuts must be covered appropriately.



## **Cough/Sneeze Etiquette**

When coughing or sneezing, use a tissue to cover your nose and mouth. Dispose of the tissue afterwards. If you don't have a tissue, cough or sneeze into your elbow. After coughing, sneezing or blowing your nose, wash your hands with soap and water.



#### **Children's Clothing**

Children are offered a range of valuable sensory experiences at preschool, both inside and out. While wearing smocks and pulling up of sleeves are supported by staff, clothing showing evidence of children's fun is often unavoidable. Families are advised to send children in 'play clothes' that enable them to immerse themselves in these valuable experiences without being restricted by concerns about getting their clothes dirty.

Physical play including running, climbing, balancing, jumping, kicking balls is also a planned part of the program. Ensure your child's clothing and footwear supports these activities and enables them to safely challenge their physical skills. Footwear such as thongs and open sandals affect children's stability and grip and can also be dangerous, particularly when participating in climbing activities.

For sun protection, children need to wear clothes that cover their shoulders and upper arms.

**Please label all of your child's clothing** and pack a spare set in case of very messy or water play or accidents.

#### **Healthy Eating**

Please support our Healthy Eating Policy by providing healthy lunches and snacks for your child. We are an allergy aware preschool and will inform our families of any food allergies that exist in our preschool service and how we can work together to avoid the risk of a allergic reaction.

To raise awareness of environmental issues we encourage families to send in "Nude Food". Nude food is any food that has no packaging i.e. fruit is natural nude food, sandwiches and snacks may be put into containers.

We encourage the children to drink water at preschool.

No food or drinks are shared with the group.

Avoid: LCMs, Roll Ups, Ropes, chocolates, lollies, sweet biscuits, flavoured chips, donuts, cakes and sweet pre-packaged food.

For lunch box ideas please see the following attachment from Healthy Kids.

https://www.healthykids.nsw.gov.au



For safe food handling practices please see the following attachment from NSW Food Authority. <a href="https://www.foodauthority.nsw.gov.au/">https://www.foodauthority.nsw.gov.au/</a>

## **Fact Sheet**

## **HEALTHY LUNCHBOXES**



There are many foods that can be used to pack a healthy lunchbox.

#### **Fruit & Vegetables**

Fruit and vegetables will provide a good daily source of vitamins, minerals and dietary fibre.

All chopped fruit and vegetables can be easily packed into small containers for the lunchbox, making them quick and easy to eat.

#### **LUNCHBOX IDEAS:**

- cucumber, carrot and celery sticks (steam carrot and celery until tender for younger children), corn cob, snow peas, green beans, cherry tomatoes, capsicum strips.
- fresh fruit eg apple, pear, kiwi fruit, strawberries, orange, grapes and bananas
- · tub of diced fruit in natural juice
- dried fruit occasionally eg mini box of sultanas or a few dried apricots or apple rings
- salad filling in a sandwich, wrap or roll (eg lettuce, grated carrot, avocado, cucumber)

#### **Breads & Cereals**

Bread, grains and cereal foods provide important nutrients and energy for busy, growing children. Wholegrain or wholemeal varieties are the best choices.

#### **LUNCHBOX IDEAS:**

- · sandwiches, rolls, wraps, pita bread
- fruit bread, scone, pikelets
- · crackers, corn and rice cakes, breadsticks
- rice, noodles, pasta

#### Meat & other protein foods

Meat and other protein foods provide protein and iron. Limit the use of sausages and processed luncheon/deli meats (eg devon and salami) as they are high in saturated fat and salt.

#### LUNCHBOX IDEAS:

- · cold roast beef, lamb, pork, chicken, tuna or salmon as a filling in sandwiches, rolls and wraps or added to salad
- · hardboiled egg in salad, sandwiches or for a snack
- baked beans, lentil patty
- · left-over casserole, rissoles, meatballs, bolognaise sauce, stirfry with tofu

#### **Dairy Food**

Dairy foods, such as milk, yoghurt, custard and cheese are an important source of protein and calcium. Reduced fat milk and dairy foods (approx. 2% fat) are suitable for most children over 2 years of age.

#### LUNCHBOX IDEAS:

- · cheese slice, cheese stick or cubes of cheese as a snack with cucumber slices and cherry tomatoes
- cheese in sandwiches, rolls and wraps or on crackers or rice cakes
- yoghurt or custard (small tub or pouch)
- plain milk (small UHT poppers of plain milk are easy to add to lunchboxes)
- calcium-enriched soy alternatives (soy milk, soy yoghurt)



## **Fact Sheet**

## HEALTHY LUNCHBOXES CONT.



#### Water

Water is the best thirst quencher and the best choice of drink for every lunchbox. Tap water is safe so you do not need to buy bottled water.



- freeze a water bottle overnight; it will help to keep the rest of the lunchbox cool
- pack a water bottle even if you are sending milk – the milk can be consumed at morning tea or lunchtime and the water at other times of the day when your child is thirsty







#### TIP:

Don't pack too much food or too many choices, as this may be overwhelming for a young child. You only need to provide enough food and drink for 1 snack and 1 main meal. If your child is at the service for extended hours, pack enough for 2 snacks and 1 main meal.

#### Food and drinks to leave out of the lunchbox

Snack foods and drinks that are high in added sugar, saturated fat or salt are generally low in nutrients. They also provide a lot of kilojoules that can contribute to children becoming overweight or obese. We call these 'sometimes' foods and drinks because they should only be consumed sometimes and in small amounts. Sticky, sweet foods can also cause tooth decay.

#### Sticky or sweet foods:

- Iollies, chocolates, jelly cups
- · cakes, doughnuts, sweet muffins
- plain sweet/cream-filled biscuits
- muesli /cereal bars
- fruit bars and fruit straps

#### Salty, high fat foods:

- · potato chips
- corn chips
- cheesy balls, twists
- · small oven-baked savoury biscuits
- devon and salami

#### Sweetened drinks:

- · cordial and soft drink
- fruit juice
- · flavoured mineral water
- fruit juice drinks
- · sports drinks

It is best not to pack these 'sometimes' foods and drinks in lunchboxes. If you do occasionally put a 'sometimes' food or drink in the lunchbox, keep it to a very small portion only.

Note about food allergies: Some services may ask families not to pack specific foods to ensure a safe environment for children with severe food allergies. Please discuss these needs with your service staff.





## Food brought from home



Safe food handling at home is important. Young children and babies do not have fully developed immune systems, so they are more likely to become sick from eating unsafe food than healthy adults with a mature immune system.

Food handling includes activities such as preparing, storing and transporting food for children.

If food is prepared at home and taken to the children's service, it is a good idea for parents to work together with staff to provide safe food for their children.

#### **Preparing**

- Wash and dry your hands properly before preparing food
- Encourage everyone at home to always wash and dry their hands before eating or cooking, after using the toilet, after touching animals, after sneezing and coughing, and after handling rubbish
- Don't prepare food if you are have an infectious illness
- Wash fruit and vegetables thoroughly in clean, drinking-quality water just before preparing
- Use a clean chopping board and knife each time, or thoroughly clean them between different food types (eg between raw and ready-to-eat food)
- Keep raw foods (eg raw meat, chicken, eggs) separate from cooked foods (eg frittata, cooked chicken) or ready-to-eat foods (eg sandwiches, cut fruit) to avoid spreading harmful bacteria through cross contamination

 Check 'use-by' dates so you don't use food that is out of date

#### Serving

- Make sure your fridge is set at 5°C or lower and that your freezer is working properly
- If you make lunch the night before, store it in the fridge overnight

#### **Transporting**

- Pack food in an insulated lunch box or a cooler bag
- Place a frozen drink bottle or ice block inside to help food stay cool
- Or pack food that doesn't need to be kept cold, eg sandwiches with shelf stable sandwich spreads (eg 100% fruit spread or Vegemite™), UHT dairy products and whole fruits (not cut up)

#### Supplying breastmilk or infant formula safely

Breastmilk or infant formula should be supplied in clean and sterilised bottles that are clearly labelled with the child's name and date of preparation.

Formula bottles that will be made up at the children's service should have the correct amount of boiled water or formula powder measured out (follow manufacturer's instructions carefully).

Breastmilk bottles or prepared formula bottles should be stored in the main part of the fridge (not in the door) until ready to be transported. They should be transported in a cooler bag or esky with an ice brick.



#### **Transitions**

Your child is a member of the Oak Flats Public School community. As with all transitions, the staff will endeavour to make the move from Preschool to Kindergarten is successful. To do this we have developed a transition program for our preschool children. This involves:

- a primary school 'buddy program' which involves developing individual relationships
- participating in relevant primary school activities
- utilising the primary school site and outdoor facilities so that children develop familiarity with the setting
- ordering from the canteen in term 4
- fruit Break in the Kindergarten area
- fortnightly Kindergarten classroom visits starting term 3
- weekly visits to the main school library for book borrowing
- regular visits to other learning environments in the school including the technology room, buddy class, school hall, Stage 1 Cola as well as other places.

#### **Communication with Families, Assessment and Reporting**

Assessment is part of an ongoing cycle that includes planning, documenting and evaluating children's learning and includes the voice of the child, families and educators. Assessment is linked to the Early Years Learning Framework Outcomes. Children's learning is displayed or communicated in a variety of forums including:

- Written and visual posts via the Kinderloop app
- Displays of the children's learning
- Daily conversations with educators
- Formal parent teacher interviews
- Children's individual portfolios
- Transition to School Statements detailing each child's progress towards the learning outcomes. With parent / carer permission these are forwarded onto your child's Kindergarten teacher.to facilitate a positive transition to Kindergarten.







#### **Immunisation**

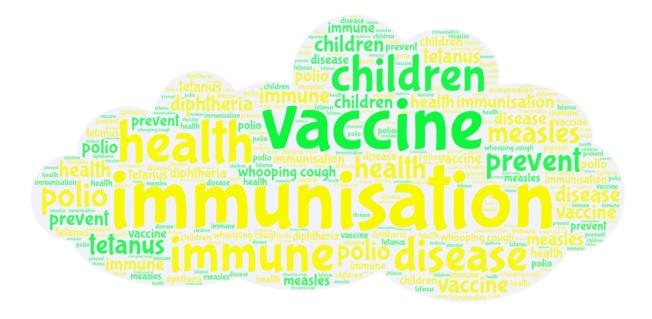
The NSW Department of Health advises that all children attending school should be immunised against diphtheria, tetanus, whooping cough, polio, measles, mumps, rubella and HIB (Haemophilus influenza type b). We ask that you check your child's present immunisation status to see whether it is complete for his/her age. Regulations require schools to request **proof of up to date immunisation** when enrolling. (then again after any updates such as 4 year old vaccinations)

From 1 January 2018 children who are unvaccinated due to their parent's conscientious objection are no longer be able to attend preschool.

A school cannot enroll a child in preschool unless the parent/guardian has provided an approved immunisation certificate that shows the child:

- Is fully immunised for their age, or
- Has a medical reason not to be vaccinated, or
- Is on a recognised catch-up schedule.

Only approved Australian Immunisation Register forms can be accepted.



#### **Illnesses or Accidents at Preschool**

If a child becomes ill or is injured at school appropriate first aid will be given and if necessary parents will be notified and asked to take their child home. If emergency treatment is required, parents will be notified immediately and the child will be transferred by ambulance to hospital.

#### Prescribed medication

If your child is being prescribed medication that needs to be taken during the day, please inform us so that arrangements can be made for the medication to be administered. You will be required to sign a permission form consenting to the administration of medication and supply the medication in its original box with the chemist label attached detailing dosage directions.

#### **Allergies**

If your child has been diagnosed with an allergy, it is important that you tell the teacher as soon as you become aware of it, or if your child's allergy changes. If your child is diagnosed at risk of an anaphylactic reaction an individual health care plan is developed that includes strategies to minimise the risk of a severe allergic reaction.

#### Managing complex health needs

An individual health care plan is developed for each student with complex health needs. The plan supports students with severe asthma, type 1 diabetes, epilepsy, anaphylaxis and those at risk of an emergency or requiring the administration of specific health care procedures.

#### Ear Infections

Otitis media is a common middle ear infection which may cause fever or vomiting. If undetected, a child may suffer from hearing loss and their learning could be affected. Most ear infections respond readily to treatment. If concerned please seek medical attention and keep your child at home.

#### Infectious diseases

There are many infectious diseases that affect children and young people. Schools and parents should contact their local health network for advice regarding infectious diseases. Personal hygiene measures such as hand washing, covering the mouth and nose when coughing or sneezing, covering weeping sores, not sharing food or drinks and not attending school when ill or suffering from diarrhea are important means of limiting the transmission of a number of common infectious conditions.

For recommended exclusion periods, see over page or visit https://www.nhmrc.gov.au.

## **Recommended minimum**

## exclusion periods

ADAPTED FROM STAYING HEALTHY | 5TH EDITION | 2013

Condition	Exclusion of case	Exclusion of contacts <sup>a</sup>
Campylobacter infection	Exclude until there has not been a loose bowel motion for 24 hours*	Not excluded
Candidiasis (thrush)	Not excluded	Not excluded
Cytomegalovirus (CMV) infection	Not excluded	Not excluded
Conjunctivitis	Exclude until discharge from the eyes has stopped, unless a doctor has diagnosed non-infectious conjunctivitis	Not excluded
Cryptosporidium	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
Diarrhoea	Exclude until there has not been a loose bowel motion for 24 hours <sup>5</sup>	Not excluded
(No organism identified)		
Fungal infections of the skin or nails (e.g. ringworm, tinea)	Exclude until the day after starting appropriate antifungal treatment	Not excluded
Giardiasis	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
Glandular fever (mononucleosis, Epstein Barr virus [EBV] infection)	Not excluded	Not excluded
Hand, foot and mouth disease	Exclude until all blisters have dried	Not excluded
Haemophilus influenzae type b (Hib)	Exclude until the person has received appropriate antibiotic treatment for at least 4 days	Not excluded. Contact a public health unit for specialist advice
Head lice (pediculosis)	Not excluded if effective treatment begins before the next day at the education and care service. The child does not need to be sent home immediately if head lice are detected	Not excluded
Hepatitis A	Exclude until a medical certificate of recovery is received and until at least 7 days after the onset of jaundice	Not excluded. Contact a public health unit for specialist advice about vaccinating or treating children in the same room or group
Hepatitis B	Not excluded	Not excluded
Hepatitis C	Not excluded	Not excluded
Herpes simplex (cold sores, fever blisters)	Not excluded if the person can maintain hygiene practices to minimise the risk of transmission. If the person cannot comply with these practices (e.g. because they are too young), they should be excluded until the sores are dry. Sores should be covered with a dressing, where possible	Not excluded
Human immunodeficiency virus (HIV)	Not excluded. If the person is severely immune compromised, they will be vulnerable to other people's illnesses	Not excluded
Human parvovirus B19 (fifth disease, erythema infectiosum, slapped cheek syndrome)	Not excluded	Not excluded
Hydatid disease	Not excluded	Not excluded
Impetigo	Exclude until appropriate antibiotic treatment has started. Any sores on exposed skin should be covered with a watertight dressing	Not excluded
Influenza and influenza-like illnesses	Exclude until person is well	Not excluded
Listeriosis	Not excluded	Not excluded
Measles	Exclude for 4 days after the onset of the rash	Immunised and immune contacts are not excluded. For non-immunised contacts, contact a public health unit for specialist advice. All immunecompromised children should be excluded until 14 days after the appearance of the rash in the last case.
Meningitis (viral)	Exclude until person is well	Not excluded
Meningococcal infection	Exclude until appropriate antibiotic treatment has been completed	Not excluded. Contact a public health unit for specialist advice about antibiotics and/or vaccination for people who were in the same room as the case
Molluscum contagiosum	Not excluded	Not excluded
Mumps	Exclude for 9 days or until swelling goes down (whichever is sooner)	Not excluded
Norovirus	Exclude until there has not been a loose bowel motion or vomiting for 48 hours	Not excluded
Pertussis (whooping cough)	Exclude until 5 days after starting appropriate antibiotic treatment, or for 21 days from the onset of coughing	Contact a public health unit for specialist advice about excluding non-vaccinated and incompletely vaccinated contacts, or antibiotics
Pneumococcal disease	Exclude until person is well	Not excluded
Roseola	Not excluded	Not excluded
Ross River virus	Not excluded	Not excluded
Rotavirus infection	Exclude until there has not been a loose bowel motion or vomiting for 24 hours <sup>5</sup>	Not excluded
Rubella (German measles)	Exclude until fully recovered or for at least 4 days after the onset of the rash	Not excluded
Salmonellosis	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded
Scabies	Exclude until the day after starting appropriate treatment	Not excluded
Shigellosis	Exclude until there has not been a loose bowel motion for 24 hours <sup>5</sup>	Not excluded
Streptococcal sore throat (including scarlet fever)	Exclude until the person has received antibiotic treatment for at least 24 hours and feels well	Not excluded
Toxoplasmosis	Not excluded	Not excluded
Tuberculosis (TB)	Exclude until medical certificate is produced from the appropriate health authority	Not excluded. Contact a public health unit for specialist advice about screening, antibiotics or specialist TB clinics
Varicella (chickenpox)	Exclude until all blisters have dried—this is usually at least 5 days after the rash first appeared in non-immunised children, and less in immunised children	Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise, not excluded
Viral gastroenteritis (viral diarrhoea)	Exclude until there has not been a loose bowel motion for 24 hours <sup>b</sup>	Not excluded

\* The definition of 'contacts' will vary according to the disease—refer to the specific fact sheet for more information

\* If the cause is unknown, possible exclusion for 48hours until cause is identified. However, educators and other staff who have a food handling role should always be excluded until there has not been a loose bowel motion for 48 hours.

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Staying Healthy









Adapted from SA Health Communicable Disease Control Branch: http://www.dh.sa.gov.au/pehs/branches/branch-communicable htm. Note that exclusion advice is consistent with Series of National Guidelines (SoNGs) where available.

### **Preschool PBL Matrix**

•	SAFE	RESPECTFUL	RESPONSIBLE	ACTIVE LEARNER
<b>&gt;</b>	Behaving in a way that benefits everyone	Being kind to others and having good manners	Making good choices to do the right thing	Doing your personal best at all times
INDOOR LEARNING ENVIRONMENT	We:  • walk safely • play and pass toys low • use kind hands	We:  • follow instructions the first time • listen to others • play gently	We:  • stay together  • pack away when asked  • pack our belongings in our lockers	We:  Ilsten to instruction the first time participate in activities remain seated when learning
OUTDOOR LEARNING ENVIRONMENT	<ul> <li>walk on concrete</li> <li>keep sand and dirt low</li> <li>take care of preschool</li> <li>property</li> </ul>	<ul> <li>use kind words</li> <li>include everyone in play</li> <li>leave others to complete</li> <li>their games</li> </ul>	<ul> <li>play in the correct area</li> <li>care for our gardens</li> <li>throw rubbish in the bin</li> </ul>	<ul> <li>follow instructions the first time</li> <li>try new skills</li> <li>cooperate with others</li> </ul>
TRANSITIONS AND INCURSIONS	<ul> <li>stay with our teachers</li> <li>walk in two lines</li> <li>wait for our families to collect us</li> </ul>	<ul> <li>listen to instructions the first time</li> <li>use kind words when we interact</li> <li>say goodbye to educators before we leave preschool</li> </ul>	<ul> <li>stop, look and listen when we hear the tambourine</li> <li>take care of our belongings</li> <li>pack away when we are finished</li> </ul>	<ul> <li>take turns and allow others to learn</li> <li>work as a team when we move between activities</li> </ul>
EATING TIME	wash our hands     remain seated     show teachers our lunchbox     keep our hands and feet to     ourselves	<ul> <li>use manners</li> <li>put rubbish in the bin</li> <li>use a quiet voice</li> </ul>	<ul> <li>pick up what we drop</li> <li>eat our own food</li> <li>pack away our belongings</li> </ul>	<ul> <li>eat our healthiest food first</li> <li>open our own food</li> <li>drink and refill our water bottle</li> <li>talk about healthy food choices</li> </ul>
TOILETS	<ul> <li>tell a teacher before we go</li> <li>use, flush, wash and leave</li> <li>have one child, one toilet</li> </ul>	<ul> <li>keep our area clean</li> <li>keep our hands and feet to ourselves</li> <li>wait for our turn</li> </ul>	<ul> <li>always flush</li> <li>dress ourselves</li> <li>place our paper towel in the bin</li> </ul>	<ul> <li>turn taps off</li> <li>use one squirt and one paper towel</li> <li>ask a teacher when we need help</li> </ul>

#### **PBL Focus**

Positive Behaviour for Learning, known as PBL is a whole school program that actively promotes positive behaviour. It supports students in the early childhood years through to the upper primary years of schooling. PBL addresses the diverse academic and social needs of every student at Oak Flats PS to support them to be successful.











#### **Code of Conduct**

We SHARE our Responsibilities

As a successful member of our Oak Flats
Public School Community

I will,

Strive for better things

Help by following instructions

Always work and play safely

Respect all people and property

Enjoy and care for our environment



We hope you and your child have a wonderful fun filled year at Oak Flats Public School Preschool, where a lifelong love of learning as well as lasting friendships are formed.

Every effort will be made by staff to ensure your child has a happy, safe, rewarding and memorable time.

Please feel free to become fully involved in all aspects of the preschool program as this will give you greater insight into your child's learning and your contribution will be greatly valued.

We look forward to working in partnership with you to provide a stimulating educational program for your child.